



## Arizona Center for **Afterschool** Excellence

*"School's Out, Make it Count!"*

### Quick Links

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### Afterschool in the News

Arizona After 3PM:  
General Report

Kids on the Move

Summer Learning

### Discover Your Future Needs You!

**Future for Kids** is looking for a part-time Program Lead for **Discover Your Future** programs.

**FUTURE  
for KIDS**

Find out more on our site and contact Anna Quagliata if you're interested.

### Save the Date for Youth Leadership!

Join the Governor's Youth Commission for the  
**10<sup>th</sup> Annual Youth Leadership Day:**

## The @fterschool advisor

September 15, 2015

### Out-of-School Time Health & Fitness Track at Conference

**Five Health & Fitness workshops** designed for OST program staff will be showcased at the **2015 School's Out, Make it Count Conference**.

OST programs play a critical role in keeping kids active and healthy. This year's workshops are designed to help staff incorporate physical activity, good nutrition, and health and wellness principles effectively into your program.

#### **CATCH Kids Club: A Coordinated Approach to Youth Health**

Lisa Quinonez & Christine Hicks,  
Arizona Nutrition Network

#### **Eat 4 Health**

Elizabeth Sparks, 4-H Youth Development  
Natalie Shepp, Tucson Village Farm

#### **Smooth Transitions, Key to Program Flow**

David Cervantez, Mesa Public Schools, Lifetime Fitness

#### **Phoenix Children's Hospital, KohlsFIT Geocaching Tour**

Nicole Benson-Reiff & LaDon Dieu, Phoenix Children's Hospital

#### **Marijuana is Harmless, Right? Teaching Youth & Families About the Real Dangers of Drug Use**

Bryan Harris, Casa Grande ESD

April 29<sup>th</sup>, 2016.



Teens will have the opportunity to attend a variety of leadership development workshops, hear inspirational speakers and network with their peers.

**Youth Leadership Day** aims to mobilize youth to lead in their communities to help solve the greatest challenges facing teens.

Contact [Carla Friedman](#) / 602.542.3426.

## **AzCASE**

### **Resources**

### **Upcoming Events**

### **AZ Afterschool Directory**

### **Make it Count! Pledge Directory**

### **STEM in OST**

 [Join Our Mailing List](#)

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## **Lights on Afterschool!**

Join AzCASE and hundreds of programs across the state in the national celebration of **Lights on Afterschool, October 22, 2015.**

AzCASE encourages all of Arizona's OST programs to spread the word about the importance of quality learning opportunities for youth outside the school day!

Show your commitment to maximizing quality in your out-of-school time program. It's as easy as 1 - 2 - 3!



**1. Sign the Make it Count Pledge** demonstrating your program's dedication to continuously improving quality by using the AZ Quality Standards for OST Programs and the soon to be released AZ Quality Standards Assessment Tool.

**2.** Plan a Lights on Afterschool celebration event and register on the [national Lights on Afterschool site](#) to represent AZ as a national leader of OST Programs.

**3.** Help AzCASE spread the word about afterschool! Share a message with families, school administrators, and community members impacted by your program every day during the week of Lights on Afterschool (October 19-October 23). Highlight the value of OST programs!

Use these [posts and infographics](#) with your parents, educators and policymakers to share the importance of quality, out-of-school time programming.

## **Get Active with generationOn Service Grants!**

generationOn, with support from Prudential, is offering **\$500 mini-grants to support new and existing generationOn Service Clubs serving middle and high school youth afterschool.**



**Launch a new club or engage in new community service project with non-club teens for your project.**

Learn more and access the application for the [Teen Action Club Grants](#) on the generationOn site.

The **application closes on September 30, 2015** and applying involves a few steps, so make sure to check it out now!

Thank you for your support of AzCASE happenings and all you do for Arizona's youth!

Sincerely,

**Melanie, Franny, Genevieve & Caitlin**  
**The AzCASE Team**

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