



Working together to increase the availability and quality of afterschool opportunities statewide

@fterschool advisor – May 1, 2012

If you are unable to see the graphics in this e-mail, please click here to view it on our website.

Announcements from the Center

Now Accepting Nominations for the Afterschool Awards of Excellence

The Arizona Center for Afterschool Excellence is proud to announce that

nominations are now open for the annual Afterschool Awards of Excellence, recognizing afterschool staff, programs and leaders throughout the state of Arizona for their exemplary work in delivering quality youth development programs in afterschool settings.

Awards will be given in 3 categories:

Outstanding Afterschool Professional Oustanding Afterschool Program Jane Romatzke Leadership Award

Each recipient will receive:

- A \$500 cash award
- Free registration to three AzCASE Trainings in 2013
- An engraved trophy
- A certificate of recognition from Governor Jan Brewer

Who is eligible for an award?

Afterschool programs, staff, program directors, and school administrators serving Arizona youth in grades K-12 in programs outside of the regular school day are eligible for the Afterschool Awards of Excellence. Candidates may be from nonprofits, public, private or faith-based programs, or any other program that supports children and youth afterschool in your community.

Finalists & Winners

Finalists will be notified in September & winners will be announced at the <u>2012 Awards of Excellence</u> <u>Luncheon</u> on Saturday, November 3, 2012 in the Ballroom of the Phoenix Convention Center, West Building.

Nomination forms & award guidelines Guidelines for ALL Award Categories>> Leadership Award Nomination Form>> (PDF) Professional Award Nomination Form>> (PDF)

Program Award Nomination Form>> (PDF)

Nomination forms, guidelines, and submission details can also be found on the <u>AzCASE</u> <u>website here>></u>

Nominations must be received by Friday, June 1!

Afterschool: No Bullying Allowed A Statewide Project for Youth in Afterschool

Afterschool: No Bullying Allowed is a statewide afterschool project aimed at empowering youth to prevent bullying and promote mutual respect in their social environments. Children and youth participating in summer programs throughout Arizona have the opportunity to create an Afterschool: No Bullying Allowed project. Many of the projects will be on display in an exhibit this fall, in conjunction with Lights On Afterschool as well as in a printed publication.

Guidelines:

* Program staff engage youth in a conversation about bullying

* Youth work together to come up with strategies to eliminate bullying and promote a positive and safe environment in their afterschool program

* These ideas and strategies will then be used to create a project (<u>see project ideas</u>) that may be submitted for inclusion in the *Afterschool: No Bullying Allowed* publication

* Children & youth ages 5-17 participating in summer programs in Arizona are eligible to participate

Submission:

<u>Register for free online</u> to participate. Mail or drop off completed Afterschool: No Bullying Allowed projects to: Arizona Center for Afterschool Excellence, 112 North Central Avenue, Suite 700, Phoenix, AZ 85004 by **Friday**, **July 13th** for a chance to have your program's work displayed in a Lights on Afterschool exhibit and in a printed publication. Projects will not be returned.

Project ideas, resources, and how to start a conversation about bullying are available on the Afterschool: No Bullying Allowed page of our website

Register to participate here>>

It's Not Too Late to Register! Afterschool Bullying Prevention 101 Training

You are invited to attend a bullying prevention training covering:

- Defining bullying and forms of bullying behavior
- Understanding the physical, emotional, etc. effects of bullying
- Recognizing bullying behavior in their program
- How to talk with kids about bullying

• Bullying prevention strategies to implement in their programs

Research shows that the most effective bullying prevention programs and strategies focus on bystanders and NOT on the bully or the victim. Taking this into account, **Afterschool Bullying Prevention 101** will focus on the role of the bystander and how we can build the social and emotional skills of youth and create an environment where bystanders feel supported and encouraged to defend targets of bullying.

FLAGSTAFF

Thursday, May 3rd 9:30 AM - 12:30 PM Flagstaff Family Resource Center

TUCSON

Tuesday, May 8th 9 AM - Noon Rillito-Sabino Room, Sentinel Building

Details & Registration Here>>

Reach the Afterschool Audience with an Exhibit or Workshop at the 2012 Afterschool Conference!



Healthy Minds. Healthy Bodies. Healthy Youth Afterschool.

The 20th Annual Arizona Statewide Afterschool Conference & Awards of Excellence Luncheon

Saturday, November 3, 2012

8 am - 3:30 pm Phoenix Convention Center,

West Building

EXHIBITS & ADS

Showcase your programs, field trips & services for over 600 afterschool staff that serve youth ages 5-17!

> Review Exhibit & Advertisement Opportunities>> Deadline is Friday, September 21, 2012

WORKSHOPS

We are seeking proposals in the following areas:

Physical Activity & Fitness Nutrition Mental & Behavioral Health STEM, Arts & Literacy Program Ideas Afterschool Safety Site Management & Program Planning...and more!

Workshop Presenters information & application>> Applications must be received by July 9, 2012

Please take a moment to complete the Afterschool Alliance's 2012 Uncertain Times survey

As you may remember, the Afterschool Alliance conducted previous Uncertain Times surveys in 2006 and 2009 to gauge how the economy is affecting afterschool programs across the country. The results of those surveys have been cited in numerous national publications and were essential in informing the public and elected officials of the immense need for additional afterschool funding. In 2012, as the still weak economy is showing some signs of recovery, we want to know how your program has fared in the wake of the Great Recession. As we work with policy makers, funders and the media, the Afterschool Alliance is engaged in conveying the many ways the current economic climate is affecting afterschool programs. We want to know: What are the current trends in enrollment, funding and capacity? Have funding sources changed in the last several years and if so, how is that affecting students and families?

<u>Please take 15-20 minutes to share data from your afterschool program</u>. Upon completing the survey, you will be entered to win a new iPad. You must submit your completed survey by 11:59 p.m. on May 31, 2012, to be eligible to win.

With your help, we can build a strong information base that will help inform important conversations with decision makers. When you are filling out the survey keep in mind:

- We encourage site level coordinators to provide answers specific to their one site whenever possible.
- If data, including funding information, are only available at the program or consortium level, please respond on behalf of the entire program/consortium and be sure to indicate the number of sites for which you are responding.

• Please complete the survey by May 31.

Follow this link to get started on the Uncertain Times survey now: https://www.surveymonkey.com/s/UncertainTimes2012 If you have questions about the Uncertain Times survey, please contact Chris D'Agostino at cdagostino@afterschoolalliance.org or (202) 347-2030.

Making Afterschool an Election Issue in 2012

The Afterschool Alliance has released updated versions of its <u>Campaign Toolkit</u> and its Candidate's Guide to Afterschool. Particularly during presidential election cycles, voters' concerns are brought to the forefront of the public debate and widely discussed in the media. But what concerns will be raised? Whose voices will be heard? What will candidates and pundits focus on? It is the voices of people in local communities that drive candidates' campaigns.

Download the Campaign Toolkit here>>

Register to Vote in Arizona

Voter Registration - AZ Secretary of State>>

Important Dates & Deadlines

General Election>>

July 30, 2012 Voter Registration Ends August 28, 2012 Primary Election November 6, 2012 General Election October 8, 2012 Voter Registration Ends

City of Tempe>>

May 15, 2012 General Election

Tucson's District 8 Special Election (Gabrielle Giffords' Seat) >> June 12, 2012 General Election

More information

Access additional election resources, afterschool talking points, and find your legislators on our website at: <u>http://azafterschool.org/Resources/Advocacy.aspx</u>

Focus on Health

Afterschool programs play a key role in the health and well-being of youth through activities that encourage healthy behaviors, an environment that includes a healthy snack or meal, and opportunities for physical activity. This section will feature new topics, resources, curriculum ideas and activities to help you ensure youth are fit, healthy, and ready to learn. <u>See a complete list of our afterschool health</u> <u>resources here>></u>



Even though most American children and youth experience normal, healthy development, approximately 6 to 9 million have serious emotional disturbances. Research shows that one of five children and adolescents aged 9 to 17 years experience symptoms of mental health problems that cause some level of impairment in a given year (U.S. Department of Health and Human Services).

Some mental, emotional, and behavioral problems can be prevented from becoming worse. In honor of Children's Mental Health Awareness Week (May 6-12), here are some resources you can use to promote good mental health and positive youth development in your afterschool program.

New! Resources for Health

Social and Emotional Learning Afterschool

View these free tools, guidelines, and activities to help you bring social and emotional learning to children in grades K-6 in your afterschool setting. Download here>>

Self-Esteem Guide for Youth Leaders of Girls, Ages 10-14

This self-esteem activity guide has been created to help girls 10-14 develop positive self-esteem. In particular, it encourages girls to look at body confidence and how this influences their attitudes, both to themselves and others. Each topic is introduced with a practical, engaging activity to make this resource suitable for youth groups and after school programs.

Download the Activity Guide>>

99 Ways to Make your Afterschool Program Even Healthier!

The California Adolescent Nutrition and Fitness Program (CANFIT) have come out with a toolkit to help make your afterschool program even healthier! The toolkit includes simple ideas on how to promote healthy eating, provide time for physical activity, incorporate culture, promote a positive body image, engage youth in leadership roles, and much more! View these helpful tips here>>

Health Funding Opportunities

Action for Healthy Kids Grant

Deadline: May 5, 2012

If your after-school program is affiliated with a school, consider applying for a grant from the Action for

Healthy Kids. To be eligible, schools must participate in the National School Lunch Program and National School Breakfast program and must have a free or reduced price meal eligibility greater than 50 percent. Priority selection will be given to schools with student enrollment greater than 500 students. Applications must be submitted online at www.surveymonkey.com/SchoolGrantForHealthyKids. More information>>

New! Childhood Obesity Grant

Deadline: May 15, 2012

The Safeway Foundation and Children's Hospital and Research Center Oakland will provide grants of \$3,000 - \$100,000 to 501(c)3 organizations. The goals of the program are to empower innovative programs to expand and enhance services, increase capacity, and/or incorporate new strategies to support healthy body weights among children and/or adolescents; evaluate the impact of existing programs; and identify promising approaches that could be replicated, adapted, and implemented in diverse communities nationwide.

More information>>

Grants for Running Programs Deadline: May 15, 2012

If your after-school program shares space with a school, consider working with a teacher or other school employee to apply for the ING Run for Something Better Awards Program. Fifty grants of up to \$2,500 will be awarded. The funds can be used to establish a school-based running program or expand an existing one. The program must target children in kindergarten through eighth grade.

Arizona's Coordinated School health Program provides current funding opportunities from their partnering organizations.

View them here>>

Research & Reports

YMCA of the USA/HSPH Initiative in Afterschool Programs Increases Physical Activity Levels in Youth

A Harvard School of Public Health (HSPH) youth fitness and nutrition initiative conducted with the YMCA of the USA was found to effectively boost physical activity levels and time spent doing moderate and vigorous exercise among children 5-11 years of age enrolled in afterschool programs at YMCAs in four U.S. metropolitan areas, according to a paper published in the March 2012 print issue of *Medicine & Science in Sports & Exercise*.

Read more from the Harvard School of Public Health>>

Conferences, Trainings & Seminars

Healthy Minds. Healthy Bodies. Healthy Youth Afterschool.

You're invited to the 20th Annual Arizona Statewide Afterschool Conference & Awards of Excellence Luncheon

Saturday, November 3, 2012

8 am - 3:30 pm

Phoenix Convention Center, West Building

More information:

www.azafterschool.org

Questions? 602.496.3308, info@azafterschool.org

USDA Summer Food Service Program (SFSP) Webinars

Hunger and poor nutrition are among the biggest obstacles to student success, stunting not only children's educational development, but also making them more likely to miss school days due to sickness and other health issues. One of the many ways afterschool providers can fight hunger, especially among children, is through the federal Summer Food Service Program (SFSP). The program provides funding to feed low-income children ages 18 and under when school is not in session. Visit the USDA's SFSP webpage for a list of upcoming webinar dates>> Click for a list of state food nutrition contacts>>



Afterschool in the News

New Research on Extended School Day

Two new studies are flashing warning signs about the move to extend the school day. The Department of Education has made extended learning time a centerpiece of its reform efforts. This could have been a breakthrough moment for our nation's education system, encouraging community partnerships to expand learning in ways that help students succeed and bring new resources into our schools. As decades of research on afterschool and summer learning programs show, community partners and innovative teaching approaches can help engage and excite students in learning, boosting achievement. Read more from the Washington Post>>

FIRST and National Parent Teacher Association Combining Efforts To Influence Next Generation of Innovators

FIRST (R) (For Inspiration and Recognition of Science and Technology), a not-for-profit organization founded by inventor Dean Kamen to inspire young people's interest and participation in science and technology, and the National Parent Teacher Association (National PTA(R)) today announced a national Alliance to promote the importance of science, technology, engineering, and math (STEM) in K-12 education. FIRST and the National PTA (NPTA) will mobilize their collective resources to collaborate and promote K-12 after-school participation for the FIRST progression of four robotics programs. Read more from the Wall Street Journal>>

Sabakiball, Invented By Valley Man, Sparks Global Fervor

Who knew that inventing a game with the objective of knocking over a pin with a ball could spark such a frenzy in schools across the nation? No, it isn't bowling. Welcome to Sabakiball, a high-energy game that combines elements of soccer, rugby, handball and non-contact football. Fountain Hills resident Michael Cerpok invented and patented it. The game, named after the Japanese word sabaki, which means movement, is in its fourth year. An estimated 200,000 people are playing it in 16 states, as well as Canada, China and parts of Africa, from where he has received orders, he said. Read more from The Arizona Republic>>

Turning Taggers Into Stewards: "Inside the Overpass" Mural Unveiling

The Tucson Arts Brigade (TAB) is proud to announce the completion of our latest project, "Inside the Overpass" at 29th Street and Columbus Blvd. The official mural unveiling is on Wednesday, May 9th, from 3:30pm to 6:30pm, and will also feature art from youth participant portfolios, speakers, featured guests, live music, food, and more. The public is encouraged to attend this free event. This mural is part of TAB's countywide "Beautify and Unify" initiative.

Read more from the TucsonCitizen.com>>

Job Opportunities

HAVE AN AFTERSCHOOL JOB OPENING TO POST IN OUR NEWSLETTER? <u>Post it here>></u>

Madison School District ECP Program Early Childhood Instructor Read more>>

Washington Elementary School District Budget and Grants Coordinator Read more>>

Phoenix Elementary School District #1 Part-Time Instructional Assistant, Before and After School Program Read more>>

Valley of the Sun YMCA (Chandler) Executive Director Read more>>

One Step Beyond, Inc. (Peoria) High School Life Skills (DTT) Center Director Read more>>

View the full list of available positions and descriptions on our website>>

Funding Opportunities

*New opportunities in red

Jan Stauber Grant

Deadline: May 1, 2012

Sponsored by the Beacon Society, the Jan Stauber Grant provides up to \$250 to organizations who wish to develop a project that introduces K-12 young people to Sherlock Holmes. The grant was created to encourage more young people to read and provides financial support to projects that connect youth to Sherlock Holmes.

More information>>

Grants for Baseball Programs

Deadline: Ongoing

The MLB's Baseball Tomorrow Fund is directed towards programs and schools that are determined to have youth involved in baseball. Funds may be used for improving the quality of baseball for youth ages 10-16 and support existing programs, new programs, and field construction or refurbishment. The average grant award is \$50,000.

More information>>

Grants for Archery Programs

Deadline: Ongoing

Each year, the Easton Sports Development Foundation gives grants that benefit archery and bow hunting programs. Grant requests of less than \$25,000 from schools and qualified 501(c)3 organizations may be eligible to receive funding at any time. More information>>

Youth Advisory Board Service-Learning Grants

Deadline: May 4, 2012

Every year, the State Farm Youth Advisory Board funds up to \$5 million to youth-led service learning projects to solve issues important to State Farm and communities across the United States and Canada. Grant requests can range anywhere from \$25,000 - \$100,000, and are completed online ONLY through the Youth Advisory Board website, found here: www.statefarmyab.com/apply. Education institutions and nonprofits are both eligible to apply. Funding areas include: Financial Literacy, Access to Higher Education/Closing the Achievement Gap, Community Safety and Natural Disaster Preparedness, Environmental Responsibility, and Societal Health and Wellness Issues. More information>>

Action for Healthy Kids Grant Deadline: May 5, 2012

If your after-school program is affiliated with a school, consider applying for a grant from the Action for Healthy Kids. To be eligible, schools must participate in the National School Lunch Program and National School Breakfast program and must have a free or reduced price meal eligibility greater than 50 percent. Priority selection will be given to schools with student enrollment greater than 500 students. Applications must be submitted online at www.surveymonkey.com/s/SchoolGrantForHealthyKids. More information>>

21st Century Community Learning Grant RFP Announcement

Deadline: May 7, 2012

21st Century Community Learning Centers Grant funding is available for academic out-of-school time programs through the Arizona Department of Education. The grant provides funding for students to receive academic enrichment classes and opportunities in core academic areas such as reading, writing and math. Eligible organizations include any public or private organization that serves students who attend schools where at least 40% of the students qualify for free/reduced meals. Any organization that is not a school must partner with the school serving the students targeted for assistance. The application will be available on March 5th on the ADE Grant Management Enterprise under Fund Alerts.

Childhood Obesity Grant

Deadline: May 15, 2012

The Safeway Foundation and Children's Hospital and Research Center Oakland will provide grants of \$3,000 - \$100,000 to 501(c)3 organizations. The goals of the program are to empower innovative programs to expand and enhance services, increase capacity, and/or incorporate new strategies to support healthy body weights among children and/or adolescents; evaluate the impact of existing programs; and identify promising approaches that could be replicated, adapted, and implemented in diverse communities nationwide.

More information>>

Afterschool Innovator Awards

Deadline: May 15, 2012

The Afterschool Alliance and MetLife Foundation will provide awards of \$10,000 to Middle School Afterschool Programs. The awards aim to identify potentially lesser-known yet effective programs and the individuals running them. Nominees will be judged by the innovative nature of their approach and demonstrated effectiveness.

More information>>

Grants for Running Programs

Deadline: May 15, 2012

If your after-school program shares space with a school, consider working with a teacher or other school employee to apply for the ING Run for Something Better Awards Program. Fifty grants of up to \$2,500 will be awarded. The funds can be used to establish a school-based running program or expand an existing one. The program must target children in kindergarten through eighth grade. More information>>

Youth Literacy Grant

Deadline: May 16, 2012

The Dollar General Youth Literacy Grant provides up to \$4,000 to schools, public libraries, and non-profit organizations that want to implement or expand literacy programs for students who are below grade level or experiencing difficulty reading. More information>>

Captain Planet Foundation Grants

Deadline: May 31, 2012

The mission of the Captain Planet Foundation is to fund and support hands-on, environmental projects for children and youths. Through environmental education, they believe that children can achieve a better understanding and appreciation for the world in which they live. Generally, the range of grants awarded by the Foundation is \$250 - \$2,500 for innovative programs that empower children and youth around the world to solve environmental problems in their neighborhoods and communities. More information>>

Tony Hawk Foundation Skatepark Grants

Deadline: July 2, 2012

The Tony Hawk Foundation provides grants of \$1,000 to \$25,000 to encourage and facilitate the design, development, construction, and operation of high-quality public skateparks serving at-risk youth in low-income areas across the United States. 501(c)(3) public charity or a state or local agency (including public school systems or public projects) are eligible.

More information>>

Navy and Marine Corps STEM Education Grants

Deadline: September 20, 2012

U.S. Department of Defense will give out multiple grants of \$200,000 to city or township governments, independent school districts, public institutions of higher education, tribal organizations, nonprofits, for-profits, small businesses to foster an interest in, knowledge of and study in science, technology, engineering and mathematics nationwide to ensure an educated and well-prepared naval and national STEM workforce by engaging students in STEM-related hands-on learning activities with Naval relevance.

More information>>

Green Thumb Challenge Grant

Deadline: September 30, 2012

GEF and Gardener's Supply Company have teamed up on an exciting funding opportunity for established youth garden projects nationwide! The organizations are calling on schools and youth groups to submit chronicles of their garden projects in a race to win a \$5,000 prize. The award is designed to support the continued sustainability of an exceptional youth garden program that has demonstrated success, and has impacted the lives of kids and their community.

More information>>

Youth Program Grants

Deadline: Varies

Entertainment Software Association Foundation is dedicated to supporting positive programs and opportunities that make a difference in the lives of America's youth. Support will be granted to geographically diverse projects and programs that benefit American boys and girls of all races and religions. To receive funding, an organization making a grant request must meet specific criteria: More information>>

Find more resources and funding opportunities on our website>>

Awards, Contests & Fellowships

America the Beautiful Essay Contest

Deadline: May 14, 2012

Have the youth in your program describe what part of America is beautiful to them by entering the America the Beautiful Essay Contest. Sponsored by Rand-McNally and *USA Today*, the contest is open to students in 7th through 12th grades. Entrants should focus their essays on a specific place and write in the first person. Students who write the best essays will compete for a chance to win a trip to Washington, D.C.

More information about the guidelines and to register>>

MetLife Foundation Afterschool Innovator Award - Nominate a Program Deadline: May 15, 2012

The Afterschool Alliance and MetLife Foundation need your help identifying exemplary afterschool programs serving middle school youth to win a \$10,000 MetLife Foundation Afterschool Innovator Award and to be featured in our 2012 series of <u>issue briefs</u>. Nominees are sought in four categories: Afterschool and Digital Learning, Afterschool and the Arts, Afterschool and Parent Involvement/Engagement, and Afterschool and School Improvement. Nominate your program or a program that you think deserves this prestigious distinction today! If you have any questions about the nomination process, please contact Research Associate Chris D'Agostino at <u>cdagostino@afterschoolalliance.org</u> or call (202) 347-2030.

View the online nomination form>>

Additional details, including information about past year's winners>>

The Green Thumb Challenge

Deadline: September 30, 2012 (for grant)

The Green Thumb Challenge seeks to encourage children to pursue gardening and the foundation offers free activities and standards-based lessons. All resources are free to registered members. Three campaigns within the challenge are Adopt a Plant, Plant with A Purpose and Volunteer.

Register and learn more>>

View curriculum and activities>>

The foundation also is offering a Green Thumb Challenge Grant, which will recognize a school or youth group's garden project with a \$5,000 prize.

More information on the grant>>

Trainings & Conferences

It's Not Too Late to Register! Afterschool Bullying Prevention 101 Training

You are invited to attend a bullying prevention training covering:

- Defining bullying and forms of bullying behavior
- Understanding the physical, emotional, etc. effects of bullying
- Recognizing bullying behavior in their program
- How to talk with kids about bullying
- Bullying prevention strategies to implement in their programs

Research shows that the most effective bullying prevention programs and strategies focus on bystanders and NOT on the bully or the victim. Taking this into account, **Afterschool Bullying Prevention 101** will focus on the role of the bystander and how we can build the social and emotional skills of youth and

create an environment where bystanders feel supported and encouraged to defend targets of bullying.

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Details & Registration Here>>

Afterschool for All Challenge: Transforming Research into Action

May 8-9, Washington, D.C.

The <u>Afterschool for All Challenge</u> brings together program staff, community leaders, youth, parents, educators, advocates and elected officials from across the country to discuss the hottest topics in afterschool and meet face to face with policy makers about the importance of federal support for the afterschool programs that keep our kids safe, inspire learning and help working families. This year we'll be exploring the evidence base for afterschool-how before-school, afterschool and summer learning programs can and are supporting a wide range of positive outcomes for kids, families and communities. Afterschool experts and professionals working in the field will be on hand to discuss the latest research and describe how programs are already putting it to work for continuous improvement. Register by March 31 for the early registration rate of \$150 per person.

What Makes You So Special?...Developing the Case for Support Wednesday, May 16, 2012, 9:00 AM - 11:00 AM PST

What is the Case for Support and why is it important? What are the basics of writing a Case Statement, who is involved, and what is the Return on Investment? Write it now and make it count! Learn why a case for support is important to your organization, understand the primary components of a case for support, and learn how to write a case for support.

Register here>>

M&Ms of School Age Behavior

Thursday, May 17, 2012, 6:30pm-8:30pm

@ Young Minds Preschool, 1881 S. 4th Ave., Suite A, Yuma, AZ

School Age staff need to have the ability to foster cooperation and provide guidance. They also must teach effective conflict resolution strategies. It is important to utilize positive guidance techniques to help children to follow the rules and limits necessary for their own and the group's safety and well-being. Register for free by calling 866.987.2469 or email projectmetoo@blake.easterseals.com

APEX Great Seminars

Rio Salado College, in collaboration with KAET/ASSET (Arizona State University), is initiating a coaching model for early childhood professional development. These seminars will take place once a month and are being offered as professional development opportunities for early care and education professionals. Each Seminar has been designed to provide participants with information, knowledge and skills that will enhance their practice in the field of early care and education. *Participants will receive a Continued Education Certificate (CEU) for attending each seminar. The CEU certificate can be used to meet ADHS, DES and CDA National Credentialing training requirements.*

May 19th, 8:30AM-4:00PM: The Arizona Family Child Care Conference

CPR & First Aid Class

Tuesday, May 22, 2012, 8:00am-2:00pm

@ Child & Family Resources, Inc. 201 S. 3rd Ave., Yuma, AZ

You will learn the basics and fundamentals of CPR & First Aid for children and infants. <u>This class is offered free for new D.E.S providers</u>. This class is offered to the public for a fee of \$40. Space is limited. Register: Call 928.783.4003

Splish, Splash- We're having a Blast

Saturday, June 16, 2012, 8:00am-10:00am

@ ChildTime, 7090 N. Thornydale Rd., Tucson, AZ

Ever wonder what to do with those older children all day? Come find out how much fun school age programs can be. You will learn new activities, themes, and games for outdoor play. Come and have fun as we explore fun activities to do with school-agers! Register for free by calling 866.987.2469 or email projectmetoo@blake.easterseals.com

2012 National Conference for Principals and Child Care Directors: *What Really Works? Impact and Innovation for Young Learners.*

July 15-18, 2012, Baltimore, Maryland

Whether you are a veteran or novice, this conference will inspire and support you. Participants in previous conferences report that the conference helped them to meet the following objectives: Bolster their leadership skills, strengthen their capacity to implement school improvement, sharpen their classroom observation skills through school site visits, learn about tools that help them to assess and better meet the needs of children, collaborate more effectively with community-based organizations and families, use their program's diversity as strength, and have and use a specific plan for their own program in the coming year.

More information>>

NIOST Summer Seminars 2012

July 23-27, 2012, Boston, MA

The National Institute for Out-of-School Time - NIOST -- (www.niost.org) has an exciting lineup for the 2012 Summer Seminars! Energize your leadership skills and network with other youth-serving professionals in the OST industry! Find the training seminar that is right for you... <u>APAS (Afterschool Program Assessment System)</u> for those interested in program self-assessment, <u>OST Systems-Building in a New Age of Education Reform</u> for those involved in city or regional collaboration, <u>Using Data for Program Improvement and Reaching Positive Outcomes</u> for those already performing program self-assessments, <u>HOST - Promoting Healthy Active Out-of-School Time</u> to introduce the new national standards into your program, orDelve deeper into your leadership skills in our new <u>Session 3 - The Courage to Lead: A Retreat for Personal Renewal</u>, a one-day retreat at the beautiful Wellesley College campus. More information here>>

Summer Changes Everything[™] National Conference Oct. 22-24, 2012, Pittsburgh, Pa

Register by Thursday, May 31 to take advantage of early bird rates!

Join the National Summer Learning Association (NSLA) for its 2012 *Summer Changes Everything*[™] national conference. You'll attend sessions designed to inform on a variety of current topics, from program planning to health and nutrition to STEM (Science, Technology, Mathematics, and Engineering) to policy trends. *Summer Changes Everything*[™] is an excellent opportunity for summer learning practitioners and stakeholders across the country to take advantage of meaningful professional development, resources and networking opportunities to further enhance program quality and expand opportunities for the youth they serve.

More information here>>

Community Events

Celebrate Summer Learning Day

Thursday, June 21, 2012

June 21 is Summer Learning Day-a national advocacy day offering an opportunity to showcase your community's summer learning program, as well as spread the word about the importance of summer learning. Host an event during the week of June 21 or anytime during the summer! During this national showcase, your summer program will want to highlight how you work to:

- Maintain and advance participants' academic and developmental growth
- Support working families
- Keep children safe and healthy
- Send young people back to school ready to learn

Are you having a Summer Learning Day event? Visit <u>www.summerlearningdaymap.org</u> and put it on the National Summer Learning Association's event map to spread the word! Make sure your event is listed by June 21.

Community Card: Vote. Give. Grow

During the month of April, you can help Arizona communities by casting your vote each week in support of <u>The Arizona We Want: 5 Communities Project</u>, one of two Arizona-based organizations invited to participate in the Starbucks[®] Vote. Give. Grow. program.

HOW TO PARTICIPATE

- 1. Go to <u>www.starbucks.com/VoteGiveGrow</u>.
- 2. Turn your Starbucks Card into a Community Card by signing in. If you don't have a Starbucks Card, you can get one on the site to participate.
- 3. Vote for The Arizona We Want Institute.
- 4. Share your vote through Facebook and Twitter directly from our page <u>www.votegivegrow.com/region/az#org/102</u>
- 5. Voting is underway and continues through April 30, 2012. Please come back and vote each week through the rest of April.

Click here to make a difference>>

CreateIT Teen Technology & Media Summer Camps

Join the Pima County Public Library for an array of great summer camps creating animation, web pages, videos, sound art, posters, logos and more. All Camps are Free and Open to Middle School and High School Students. Dependent on location, all classes take place in June, for a minimum of one week, 3 hours per day. <u>More information>></u>

Future for KIDS Youth Sports & Fitness Camp

Saturday, June 9th, 2012

8:30am to 1pm (Registration at 8:30am, camp begins promptly at 9am) @ ASU Football Practice Field (Rural & 6th Street). The camp features fun sport and fitness rotations, photos and autographs with celebrity athletes and team mascots. ASU's New Head Football Coach, Todd Graham, will be the special guest speaker along with NFLathletes. Each participant will receive a free camp shirt, healthy lunch and snacks. Open to youth ages 6 to 13. Visit <u>www.futureforkids.org</u> or Call (480) 947-8131 for more information and to reserve your space.

Game Design Workshop

July 16 -20 & July 23-27, 9:00am - 3:30 pm

The University of Arizona School of Information: Science, Technology, and Arts is offering a summer workshop on game design for students entering grades 6-12 on the U of A campus. For more information or to register, <u>click here</u>

Free Summer Health Careers Camp

July 12-21, 2012

High school students interested in an in-depth look at healthcare careers still have time to apply for Midwestern University's eight-day <u>Health Careers Institute for High School Students</u>. Each day from 9:00 am to 4:00 pm during this exciting hands-on program, Midwestern faculty and advanced students will teach workshops in anatomy, physiology, and introductory skills for various health professions, with a special focus on how to prepare for college and what to expect from each profession. Applications for the annual summer event, which will take place on the Midwestern University Campus in Glendale, must be postmarked by **May 1**. Call 623-572-3353 to request an application, or visit the event page at www.midwestern.edu/azhealthcareersinstitute.

Resources, Research & Reports

YMCA of the USA/HSPH Initiative in Afterschool Programs Increases Physical Activity Levels in Youth

A Harvard School of Public Health (HSPH) youth fitness and nutrition initiative conducted with the YMCA of the USA was found to effectively boost physical activity levels and time spent doing moderate and vigorous exercise among children 5-11 years of age enrolled in afterschool programs at YMCAs in four U.S. metropolitan areas, according to a paper published in the March 2012 print issue of *Medicine & Science in Sports & Exercise*.

Read more from the Harvard School of Public Health>>

Principles of Effective Expanded Learning Programs: A Vision Built on the Afterschool Approach

Expanded learning opportunities are inclusive of before-school, afterschool, summer learning, and extended day or expanded learning time (ELT) programs. Decades of research documenting the outcomes of afterschool and summer programs reveal a core set of key principles that are essential to yielding the best results. Aligning the spectrum of expanded learning opportuni-ties with these principles will ensure quality and consistency across all programs. This document can be used as a guideline at the local, state and federal levels to guide expanded learning policy.

Read more>>

How Kids Learn Conference: Now on YouTube

On January 27th, over 180 people from across California and the country met at the David Brower Center in Berkeley to hear from experts on How Kids Learn - the first conference sponsored by the <u>Learning in</u> <u>Afterschool & Summer</u> project. Participants included representatives from school districts, youth organizations, private funders, the State Department of Education, and afterschool advocates. Over 60 people on the waiting list were unable to hear the presenters share their best thinking and recent research in 20 minute presentations to the audience. These presentations are now available for viewing on the <u>How Kids Learn YouTube Channel</u>.

iCivics on the iPad. Download for Free

iCivics' most popular game, *Do I Have a Right*? is now on the iPad! Millions of you have guarded your clients' rights on the iCivics website, now you can earn your Prestige Points on the go with <u>Pocket Law Firm</u>. You can download iCivics' *Pocket Law Firm* iPad app FREE on the iTunes store. It won't stay free forever, though, so download it now and start vindicating rights while learning the Bill of Rights.

Download Pocket Law Firm>>

Measure Youth Outcomes at Camp

How do you show stakeholders and parents that your program boosts skills like independence, responsibility and teamwork? With summer camp season approaching, the American Camp Association (ACA) reminds programs about its <u>Youth Outcomes Battery</u>, which measures such outcomes as affinity for nature, friendship skills and problem-solving. The ACA also helps to improve the quality of summer camp staff. The Forum's David P. Weikart Center for Youth Program Quality worked with the association to develop a special Camp Program Quality Assessment, which provides "a robust assessment process that can be used under a range of conditions and for a range of purposes."

Find out more in this short description.

Read more about the Forum for Youth Investment>>

New MetLife Foundation-Sponsored 'Afterschool In Action' Compendium Released

The new MetLife Foundation/Afterschool Alliance Compendium is here! This week, with support from MetLife Foundation, the Afterschool Alliance released its fourth issue brief compendium entitled "Afterschool in Action: How Innovative Afterschool Programs Address Critical Issues Facing Middle School Youth" at the NAA Conference just outside of Dallas, TX. The compendium includes a compilation of four issue briefs that examine the vital role afterschool programs play in addressing important issues for middle schoolers, and this year we've added some new exciting graphics to the compendium and a more in-depth look at 2011 award-winning programs.

Read more>>

Featured Activity

Friendship Flags

Ages: K-6th Time: 15-20min

Materials needed:

-coffee filters -food coloring -water -small bowls -fishing line -scissors -hole punch -paper hole reinforcements -crayons -newspaper -paper towels

Objectives: Understand diversity and child will experience mixing colors and develop fine motor skills through folding filters and stringing them.

Procedure: Have the child draw or write on the coffee filter. They then fold the filter into quarters (see picture) and dips corners and edges into colored water. Have them open the filter and lay it aside to dry. Repeat procedure with three or four other coffee filters. When filters are dry, the child punches two holes at the top of each one and puts a paper hole reinforcement around each hole. String filters together by threading fishing line through holes to make a set of Friendship Flags. This can be hung on the wall with a

saying like, "When different colors are brought together, it can make something even more beautiful". *Source: <u>http://bulletinboards.theteacherscorner.net/theme/diversity/#friendship-flags</u>, submitted by: Jennifer*



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