

Working tog and quality of

Working together to increase the availability and quality of afterschool opportunities statewide

# @fterschool advisor – April 17, 2012

If you are unable to see the graphics in this e-mail, please click here to view it on our website.

# Announcements from the Center

Now Accepting Nominations for the 2012 Afterschool Awards of Excellence!

The Arizona Center for Afterschool Excellence is proud to announce that nominations are now open for the annual Afterschool Awards of Excellence, recognizing afterschool staff, programs and leaders throughout the state of Arizona for their exemplary work in

# Awards will be given in 3 categories:

Outstanding Afterschool Professional Oustanding Afterschool Program Jane Romatzke Leadership Award

## Each recipient will receive:

- A \$500 cash award
- Free registration to three AzCASE Trainings in 2013

delivering quality youth development programs in afterschool settings.

- An engraved trophy
- A certificate of recognition from Governor Jan Brewer

## Who is eligible for an award?

Afterschool programs, staff, program directors, and school administrators serving Arizona youth in

grades K-12 in programs outside of the regular school day are eligible for the Afterschool Awards of Excellence. Candidates may be from nonprofits, public, private or faith-based programs, or any other program that supports children and youth afterschool in your community.

### **Finalists & Winners**

Finalists will be notified in September & winners will be announced at the <u>2012 Awards of</u> <u>Excellence Luncheon</u> on Saturday, November 3, 2012 in the Ballroom of the Phoenix Convention Center, West Building.

Nomination forms & award guidelines Guidelines for ALL Award Categories>> Leadership Award Nomination Form>> (PDF) Professional Award Nomination Form>> (PDF) Program Award Nomination Form>> (PDF)

Nomination forms, guidelines, and submission details can also be found on the <u>AzCASE website here>></u>

## Nominations must be received by Friday, June 1!

# Afterschool: No Bullying Allowed A Statewide Project for Youth in Afterschool



**Afterschool: No Bullying Allowed** is a statewide afterschool project aimed at empowering youth to prevent bullying and promote mutual respect in their social environments. Children and youth participating in summer programs throughout Arizona have the opportunity to create an Afterschool: No Bullying Allowed project. Many of the projects will be on display in an exhibit this fall, in conjunction with Lights On Afterschool as well as in a printed publication.

### **Guidelines:**

\* Program staff should engage youth in a conversation about bullying

\* Youth work together to come up with strategies to eliminate bullying and promote a positive and safe environment in their afterschool program

\* These ideas and strategies will then be used to create a project (see project ideas) that may be submitted for inclusion in the *Afterschool: No Bullying Allowed* publication

\* Children & youth ages 5-17 participating in summer programs in Arizona are eligible to participate

### Submission:

<u>Register for free online</u> to participate. Mail or drop off completed Afterschool: No Bullying Allowed projects to: Arizona Center for Afterschool Excellence, 112 North Central Avenue, Suite 700, Phoenix, AZ 85004 by **Friday**, **July 13th** for a chance to have your program's work displayed in a Lights on Afterschool exhibit and in a printed publication: *Afterschool: No Bullying Allowed*. Projects will not be returned.

Project ideas, resources, and how to start a conversation about bullying are available on the Afterschool: No Bullying Allowed page of our website

## Register to participate here>>

# Afterschool Bullying Prevention 101 Training

Seventy percent of youth have experienced bullying at some point and 25 percent of youth encourage bullying if not given proper education and support in anti-bullying techniques (*American Psychological Association*). Afterschool programs, with their unique position as a less formal and more open learning environment, can provide youth with the knowledge and attitudes necessary to combat bullying both in school and online, leading to healthy youth development and a happier generation of students.

You are invited to attend a bullying prevention training covering:

- Defining bullying and forms of bullying behavior
- Understanding the physical, emotional, etc. effects of bullying
- Recognizing bullying behavior in their program
- How to talk with kids about bullying
- Bullying prevention strategies to implement in their programs

Research shows that the most effective bullying prevention programs and strategies focus on bystanders and NOT on the bully or the victim. Taking this into account, **Afterschool Bullying Prevention 101** will focus on the role of the bystander and how we can build the social and emotional skills of youth and create an environment where bystanders feel supported and encouraged to defend targets of bullying.

### PHOENIX

**Tuesday, May 1<sup>st</sup> 9 AM - Noon** Rio Salado College @ Northern 1715 West Northern Avenue, Phoenix Facilitator: Dr. Dana Sherman

### FLAGSTAFF

**Thursday, May 3<sup>rd</sup> 9:30 AM - 12:30 PM** Flagstaff Family Resource Center 4000 N. Cummings St., Flagstaff Facilitator: Deanie Wlodek, Anytown at the Y

TUCSON Tuesday, May 8<sup>th</sup> 9 AM - Noon Rillito-Sabino Room, Sentinel Building 320 N. Commerce Park Loop, Tucson Facilitator: Deanie Wlodek, Anytown at the Y

**Details & Registration Here>>** 

Reach the Afterschool Audience with an Exhibit or Workshop at the 2012 Afterschool Conference!



Healthy Minds. Healthy Bodies. Healthy Youth Afterschool.

The 20<sup>th</sup> Annual Arizona Statewide Afterschool Conference & Awards of Excellence Luncheon

# Saturday, November 3, 2012

8 am - 3:30 pm Phoenix Convention Center, West Building

# **EXHIBITS & ADS**

Showcase your programs, field trips & services for over 600 afterschool staff that serve youth ages 5-17!

Review Exhibit & Advertisement Opportunities>> Deadline is Friday, September 21, 2012

# **WORKSHOPS**

We are seeking proposals in the following areas:

Physical Activity & Fitness Nutrition Mental & Behavioral Health STEM, Arts & Literacy Program Ideas Afterschool Safety Site Management & Program Planning...and more!

Workshop Presenters information & application>> Applications must be received by July 9, 2012

# Invest Projected Budget Surplus In Phoenix Afterschool Programs

The City of Phoenix is holding a series of 2012-13 <u>Community Budget Hearings</u> to solicit the public's opinion on the proposed budget and the projected \$10-15 million dollar budget surplus.

Two years ago, the city closed 25 PAC afterschool program sites geared to serve low income children in the city's neediest neighborhoods leaving the children and their families no low cost alternatives for receiving quality afterschool programming while the parents were working.

#### The Arizona Center for Afterschool Excellence urges all Phoenix residents to speak up on behalf of our city's most vulnerable children. Please email or call your Phoenix City Council representative and ask that they dedicate a portion of the projected budget surplus to begin reopening PAC sites that were forced to close at the height of the recession.

With children spending less than 20% of their waking hours in classrooms, quality afterschool programs mean the difference between success and failure for thousands of Phoenix children. According to a report by the U.S. Department of Education, students who spend even one to four hours a week in extracurricular activities were 60% less likely to drop out of school than their peers who did not participate. Extensive research has repeatedly demonstrated that children attending afterschool programs have:

- Improved school attendance
- Increased academic achievement in reading and math
- Higher levels of school engagement and motivation to learn
- Increased likelihood of high-school graduation
- Higher self-esteem
- Enhanced social skills
- Reduced childhood obesity rates, and
- Reduced delinquency.

Quality PAC programs give these children a safe place to go every day afterschool. Equally important is that PAC programs give these low income children, the very experiential learning opportunities that their

families can't afford and that increase a child's self worth, sense of belonging, engagement in school, and future academic and social success. Historically, the PAC programs have always filled a niche of serving low income youth whose families lack other affordable options and when a PAC program is not available, these children are left without a safe and nurturing place to go afterschool. The need is as high as its ever been.

Your email, phone call, or appearance at one of the city council budget hearings can make a huge difference in the lives of the children who benefit from these city sponsored afterschool programs.

<u>Contact your Coucilmember>></u> City Council Budget Hearings schedule>>

## Making Afterschool an Election Issue in 2012

The Afterschool Alliance has released updated versions of its <u>Campaign Toolkit</u> and its Candidate's Guide to Afterschool. Particularly during presidential election cycles, voters' concerns are brought to the forefront of the public debate and widely discussed in the media. But what concerns will be raised? Whose voices will be heard? What will candidates and pundits focus on? It is the voices of people in local communities that drive candidates' campaigns.

Download the Campaign Toolkit here>>

### **Register to Vote in Arizona**

Voter Registration - AZ Secretary of State>>

### **Important Dates & Deadlines**

General Election>> July 30, 2012 Voter Registration Ends August 28, 2012 Primary Election November 6, 2012 General Election October 8, 2012 Voter Registration Ends

### City of Tempe>>

May 15, 2012 General Election

Tucson's District 8 Special Election (Gabrielle Giffords' Seat) >>

April 17, 2012 Primary Election June 12, 2012 General Election

### More information

Access additional election resources, afterschool talking points, and find your legislators on our website at: <u>http://azafterschool.org/Resources/Advocacy.aspx</u>

## Calling All Afterschool Artists! Design the 2012 Lights On Afterschool Poster

The Afterschool Alliance wants your artwork for their 2012 *Lights On Afterschool* poster. The deadline for submissions is **May 1, 2012**.

The winning image will be **printed on 70,000 posters** displayed nationwide! Posters are sent to afterschool programs from coast to coast for *Lights On Afterschool* celebrations. The artist and/or program will be credited on the poster, and the image will be featured on our website.

Get inspired: Learn more about our <u>2011 poster contest winner Nicole Tanner</u> and check out the <u>2010</u> <u>gallery of poster submissions</u>. Guidelines for creating artwork:<u>download guidelines.pdf</u>

More information at: http://www.afterschoolalliance.org/loaSubmitArtPoster.cfm

## FREE Pool Table!!

If you can pick it up, you can have it!

This is a donated, gently used, 7' bar-sized Connelly Quartsite pool table. All accessories included:

- 4 sticks
- Wall mount
- 2 cue racks
- Chalk
- Cloth brush

Further details: Drop pockets; Black laminate; Titan brand, titanium-colored cloth

If interested, contact: Kari McMaster Kari.mcmaster@yahoo.com

# **Focus on Health**

Afterschool programs play a key role in the health and well-being of youth through activities that encourage healthy behaviors, an environment that includes a healthy snack or meal, and opportunities for physical activity. This section will feature new topics, resources, curriculum ideas and activities to help you ensure youth are fit, healthy, and ready to learn. <u>See a complete list of our afterschool health</u> <u>resources here>></u>



More than one-third of children and teens, approximately 25 million kids, are overweight or obeseand physical inactivity is a leading contributor to the epidemic. The Surgeon General recommends children should engage in 60 minutes of moderate activity most days of the week, yet estimates show that only 3.8 percent of elementary schools provide daily physical education. <u>Available</u> <u>evidence shows that children who are physically active and fit tend to perform better in the</u> <u>classroom.</u>

Read the full report>>

# **New!** Resource for Health

Looking for a game to engage kids in safe and healthy play? Playworks has found, created and sorted hundreds of games that will get kids off the sidelines and into the game. Whether you want to keep kids active for an entire afterschool session, or just do a few minutes of ice breakers before an activity, there's a game here for your needs. Play on>>

# **Health Funding Opportunities**

# Action for Healthy Kids Grant Deadline: May 5, 2012

If your after-school program is affiliated with a school, consider applying for a grant from the Action for Healthy Kids. To be eligible, schools must participate in the National School Lunch Program and National School Breakfast program and must have a free or reduced price meal eligibility greater than 50 percent. Priority selection will be given to schools with student enrollment greater than 500 students. Applications must be submitted online at <a href="http://www.surveymonkey.com/s/SchoolGrantForHealthyKids">www.surveymonkey.com/s/SchoolGrantForHealthyKids</a>. More information>>

# New! Grants for Running Programs

Deadline: May 15, 2012

If your after-school program shares space with a school, consider working with a teacher or other school employee to apply for the ING Run for Something Better Awards Program. Fifty grants of up to \$2,500 will be awarded. The funds can be used to establish a school-based running program or expand an existing one. The program must target children in kindergarten through eighth grade. More information>>

Arizona's Coordinated School health Program provides current funding opportunities from their partnering organizations. View them here>>

# **Research & Reports**

## Healthy Eating Out-of-School Time

Find the latest research in <u>"Healthy Eating in Out-of-School Time"</u> (available for free download), authored by researchers at the University of Massachusetts, Boston; NIOST; and YMCA of the USA. This paper is the result of interviews conducted by NIOST researchers and study partners with 17 key out-of-school time organizations that provide, coordinate, or improve services, or that conduct policy or advocacy work on behalf of large provider networks. The authors explore leaders' perceptions of the role of guidelines, the barriers, and the supports related to healthier eating during the out-of-school time hours.

# **Rejection on Playground May Contribute to Sedentary Lives**

Ostracism by peers may be one reason overweight and obese children are less physically active than children who are relatively fit, according to a recent study published in *Pediatrics*. Researchers at Kent State University used a computer simulated ball-toss game to determine if peer influence has a direct impact on physical activity. The findings revealed that children who were ostracized by their peers during the ball-toss were more likely to avoid doing any type of exercise afterward and spent more time reading books, coloring, and engaging in other sedentary activities. Earlier studies also suggest a strong correlation between peer victimization and weight gain, revealing the impact negative social experiences can have on children's emotions and physical activity behaviors.

# Healthy Behavior Initiative Releases Step-By-Step Guide for Afterschool

Changing Lives, Saving Lives, A Step-by-Step Guide to Developing Exemplary Practices in Healthy Eating, Physical Activity and Food Security in Afterschool Programs is designed to help program directors, leadership team members, site directors and your partners-in an intentional and systematic way-strengthen your afterschool program to help students develop healthy lifestyle habits. The six practices have been vetted with expert stakeholders and afterschool practitioners, and implemented at an exemplary level by ten afterschool programs across the state.

Download the step-by-step guide here>>

# **Conferences, Trainings & Seminars**

# Healthy Minds. Healthy Bodies.

# Healthy Youth Afterschool.

You're invited to the 20<sup>th</sup> Annual Arizona Statewide Afterschool Conference & Awards of Excellence Luncheon

# Saturday, November 3, 2012

8 am - 3:30 pm

Phoenix Convention Center, West Building

# More information:

www.azafterschool.org

Questions? 602.496.3308, info@azafterschool.org

# **USDA Summer Food Service Program (SFSP) Webinars**

Hunger and poor nutrition are among the biggest obstacles to student success, stunting not only children's educational development, but also making them more likely to miss school days due to sickness and other health issues. One of the many ways afterschool providers can fight hunger, especially among children, is through the federal Summer Food Service Program (SFSP). The program provides funding to feed low-income children ages 18 and under when school is not in session. Visit the USDA's SFSP webpage for a list of upcoming webinar dates>> Click for a list of state food nutrition contacts>>



# **Afterschool in the News**

# Former President Bill Clinton: Invest in Afterschool to Offer Real Support to Kids

Over the weekend I had the privilege of attending the <u>Clinton Global Initiative University</u> at The George Washington University in Washington, D.C. The conference brought together more than one thousand university students from around the world to help develop their individual "Commitments to Action" to address a pressing global challenge like climate change, poverty alleviation or human rights. Read more from the Afterschool Alliance>>

# Highland HS robotics team among EV programs ready to take on the world

An East Valley robot is headed to a national robotics championship this month after beating teams from Arizona, New Mexico and California at a recent regional event. The Highland High School Robotics Club - also known as the 39th Aero Squadron or Team 4314 - took first place in January at the Arizona For Inspiration and Recognition of Science and Technology Tech Challenge Robotics Championship in Flagstaff.

Read more from the East Valley Tribune>>

# Spreading Success: The Expanded Learning and Afterschool Project

The push to reform and improve the nation's schools has been with us for decades. And while it sometimes seems that reforms come and go like waves reaching the shore -- first crashing loudly, then petering out on the beach before receding with little evidence left behind, in fact, we've learned a lot over

the years about how our kids learn best. But putting that knowledge to work in our communities and classroom isn't always as easy as it sounds. Read more from the Huffington Post>>

# **Job Opportunities**

### HAVE AN AFTERSCHOOL JOB OPENING TO POST IN OUR NEWSLETTER? Post it here>>

Free Arts for Abused Children of Arizona Director of Programs Read more>>

Catalina Foothills Community Schools C.A.R.E Program Office Coordinator Read more>>

Ear Candy Charity Part-Time Administrative Assistant Read more>>

View the full list of available positions and descriptions on our website>>

# **Funding Opportunities**

## \*New opportunities in red

## **Share Our Strength Summer Meals Grant**

### Deadline: TBD

Share Our Strength will distribute grants to provide small investments that can help current meal sites/sponsors expand their capacity or increase the number of days they operate; to help with the barriers of transportation; or to help establish new summer meals sites. Eligible programs include organizations providing a Summer Food Service Program or National School Lunch/School Breakfast Program.

More information>>

### **Youth Program Grants**

### **Deadline: Varies**

Entertainment Software Association Foundation is dedicated to supporting positive programs and opportunities that make a difference in the lives of America's youth. Support will be granted to geographically diverse projects and programs that benefit American boys and girls of all races and religions. To receive funding, an organization making a grant request must meet specific criteria: More information>>

# Funding for College/K-12 Partnerships to Serve Out-Of-School Youth Deadline: April 30, 2012

Gateway to College is offering start-up funds for partnerships between colleges and K-12 school districts to implement the Gateway to College dropout recovery program. Awards of \$325,000 - 440,000 will be given out over 2-3 years.

More information>>

## Youth Advisory Board Service-Learning Grants

### Deadline: May 4, 2012

Every year, the State Farm Youth Advisory Board funds up to \$5 million to youth-led service learning projects to solve issues important to State Farm and communities across the United States and Canada. Grant requests can range anywhere from \$25,000 - \$100,000, and are completed online ONLY through the Youth Advisory Board website, found here: www.statefarmyab.com/apply. Education institutions and nonprofits are both eligible to apply. Funding areas include: Financial Literacy, Access to Higher Education/Closing the Achievement Gap, Community Safety and Natural Disaster Preparedness, Environmental Responsibility, and Societal Health and Wellness Issues.

## **Action for Healthy Kids Grant**

### Deadline: May 5, 2012

If your after-school program is affiliated with a school, consider applying for a grant from the Action for Healthy Kids. To be eligible, schools must participate in the National School Lunch Program and National School Breakfast program and must have a free or reduced price meal eligibility greater than 50 percent. Priority selection will be given to schools with student enrollment greater than 500 students. Applications must be submitted online at <a href="http://www.surveymonkey.com/s/SchoolGrantForHealthyKids">www.surveymonkey.com/s/SchoolGrantForHealthyKids</a>. More information>>

## 21st Century Community Learning Grant RFP Announcement

### Deadline: May 7, 2012

21st Century Community Learning Centers Grant funding is available for academic out-of-school time programs through the Arizona Department of Education. The grant provides funding for students to receive academic enrichment classes and opportunities in core academic areas such as reading, writing and math. Eligible organizations include any public or private organization that serves students who attend schools where at least 40% of the students qualify for free/reduced meals. Any organization that is not a school must partner with the school serving the students targeted for assistance. The application will be available on March 5th on the ADE Grant Management Enterprise under Fund Alerts.

## **Grants for Running Programs**

### Deadline: May 15, 2012

If your after-school program shares space with a school, consider working with a teacher or other school employee to apply for the ING Run for Something Better Awards Program. Fifty grants of up to \$2,500 will be awarded. The funds can be used to establish a school-based running program or expand an existing one. The program must target children in kindergarten through eighth grade.

## **Captain Planet Foundation Grants**

### Deadline: May 31, 2012

The mission of the Captain Planet Foundation is to fund and support hands-on, environmental projects for children and youths. Through environmental education, they believe that children can achieve a better understanding and appreciation for the world in which they live. Generally, the range of grants awarded by the Foundation is \$250 - \$2,500 for innovative programs that empower children and youth around the

world to solve environmental problems in their neighborhoods and communities. <u>More information>></u>

## **Tony Hawk Foundation Skatepark Grants**

#### Deadline: July 2, 2012

The Tony Hawk Foundation provides grants of \$1,000 to \$25,000 to encourage and facilitate the design, development, construction, and operation of high-quality public skateparks serving at-risk youth in low-income areas across the United States. 501(c)(3) public charity or a state or local agency (including public school systems or public projects) are eligible. More information>>

## Navy and Marine Corps STEM Education Grants

### Deadline: September 20, 2012

U.S. Department of Defense will give out multiple grants of \$200,000 to city or township governments, independent school districts, public institutions of higher education, tribal organizations, nonprofits, forprofits, small businesses to foster an interest in, knowledge of and study in science, technology, engineering and mathematics nationwide to ensure an educated and well-prepared naval and national STEM workforce by engaging students in STEM-related hands-on learning activities with Naval relevance.

More information>>

### Find more resources and funding opportunities on our website>>

# Awards, Contests & Fellowships

## Young Native Writers Essay Contest

### Deadline: April 30, 2012

The Holland & Knight Charitable Foundation in partnership with the Smithsonian Institution's National Museum of the American Indian is proud to announce the 2012 Young Native Writers Essay Contest. This essay contest is open to Native American high school students currently enrolled in grades 9-12. Five first-place winners will receive a \$2,500 college scholarship, an all-expenses-paid "Scholar Week" trip to Washington, D.C., to visit the National Museum of the American Indian and other prominent Washington, D.C. sites. Deadline is April 30, 2012

More information>>

## America the Beautiful Essay Contest

### Deadline: May 14, 2012

Have the youth in your program describe what part of America is beautiful to them by entering the America the Beautiful Essay Contest. Sponsored by Rand-McNally and *USA Today*, the contest is open to students in 7th through 12th grades. Entrants should focus their essays on a specific place and write in the first person. Students who write the best essays will compete for a chance to win a trip to Washington, D.C.

More information about the guidelines and to register>>

# MetLife Foundation Afterschool Innovator Award - Nominate a Program

### Deadline: May 15, 2012

The Afterschool Alliance and MetLife Foundation need your help identifying exemplary afterschool programs serving middle school youth to win a \$10,000 MetLife Foundation Afterschool Innovator Award and to be featured in our 2012 series of <u>issue briefs</u>. Nominees are sought in four categories: Afterschool and Digital Learning, Afterschool and the Arts, Afterschool and Parent Involvement/Engagement, and

Afterschool and School Improvement. Nominate your program or a program that you think deserves this prestigious distinction today! If you have any questions about the nomination process, please contact Research Associate Chris D'Agostino at <u>cdagostino@afterschoolalliance.org</u> or call (202) 347-2030. View the online nomination form>>

Additional details, including information about past year's winners>>

# **Trainings & Conferences**

# **Afterschool Bullying Prevention 101 Training**

You are invited to attend a bullying prevention training covering:

- Defining bullying and forms of bullying behavior
- Understanding the physical, emotional, etc. effects of bullying
- Recognizing bullying behavior in their program
- How to talk with kids about bullying
- Bullying prevention strategies to implement in their programs

Research shows that the most effective bullying prevention programs and strategies focus on bystanders and NOT on the bully or the victim. Taking this into account, **Afterschool Bullying Prevention 101** will focus on the role of the bystander and how we can build the social and emotional skills of youth and create an environment where bystanders feel supported and encouraged to defend targets of bullying.

### PHOENIX

Tuesday, May 1<sup>st</sup>

**9 AM - Noon** Rio Salado College @ Northern 1715 West Northern Avenue, Phoenix Facilitator: Dr. Dana Sherman

### FLAGSTAFF

#### Thursday, May 3<sup>rd</sup> 9:30 AM - 12:30 PM

Flagstaff Family Resource Center 4000 N. Cummings St., Flagstaff Facilitator: Deanie Wlodek, Anytown at the Y

### TUCSON

**Tuesday, May 8<sup>th</sup> 9 AM - Noon** Rillito-Sabino Room, Sentinel Building 320 N. Commerce Park Loop, Tucson

Facilitator: Deanie Wlodek, Anytown at the Y

# **Register Here>>**

# The Many Colors of Us: The Path Towards Cultural Competency Tuesday, April 17, 2012, 6:30pm-8:30pm

@ Easter Seals Blake Foundation, 6420 E. Broadway Blvd, Suite A100, Tucson, AZ

Understanding the cultures of the children and families we serve requires more than words and good intentions. The journey towards cultural competency requires the willingness to experience, learn from those experiences, and act. Register for free by calling 866.987.2469 or email projectmetoo@blake.easterseals.com

## **Science for School Agers**

### Saturday, April 21, 2012, 9:00am-12:00pm

### @ Quincy Douglas Public Library, 1585 E. 36<sup>th</sup> St., Tucson, AZ

Participants will learn about inquiry skills, Arizona content standards and activities to do with students. This will be a hands-on workshop with activities. Participants will also have the opportunity to discuss the role that science plays in their classrooms and ways to build on what children are learning during the school day. Register for free by calling 866.987.2469 or email projectmetoo@blake.easterseals.com

## Power Struggles in School Age Care

Saturday, April 21, 2012, 11:30am-1:30pm

# @ Quincy Douglas Public Library, 1585 E. 36<sup>th</sup> St., Tucson, AZ

Come learn to turn power struggles into learning opportunities. This workshop will focus on techniques for avoiding power struggles and providing school age children and teachers with a healthy control over their environment. Register for free by calling 866.987.2469 or email projectmetoo@blake.easterseals.com

# 2012 Arizona Directors Conference

### Saturday April 21, 2012 @ Rio Salado College, Tempe

The conference theme is Best Practices in Early Childhood Program Management. Limited to 100 participants, this conference has been designed especially for early care and education program Directors, Managers and Administrators. This conference will provide 6 clock hours of training in Management and Administration.

Register here>>

# **APEX Great Seminars**

Rio Salado College, in collaboration with KAET/ASSET (Arizona State University), is initiating a coaching model for early childhood professional development. These seminars will take place once a month and are being offered as professional development opportunities for early care and education professionals. Each Seminar has been designed to provide participants with information, knowledge and skills that will enhance their practice in the field of early care and education. *Participants will receive a Continued Education Certificate (CEU) for attending each seminar. The CEU certificate can be used to meet ADHS, DES and CDA National Credentialing training requirements.* 

April 21<sup>st</sup> & 28<sup>th</sup>, 9:00AM-11:00AM: <u>PBS KIDS Super WHY! Learning Adventure Tool Kit</u> May 19<sup>th</sup>, 8:30AM-4:00PM: <u>The Arizona Family Child Care Conference</u>

## **Boost Conference**

### April 25-28, 2012, Palm Springs, CA

The BOOST Conference, presented by Boost Collaborative, is one of the nation's largest, most recognized and comprehensive conferences for afterschool and out-of-school time professionals. Set in a retreat-like atmosphere, this extraordinary event will rejuvenate your passion and boost your direction for quality programming. Register today for an invigorating blend of:

\* Keynote presentations by Milton Chen & Sir Ken Robinson

\* Networking and teambuilding opportunities

\* Exceptional workshop presenters to learn and grow with and the latest trends and research in out-ofschool time programming \* In depth learning sessions through our 1-day Pre-Conference Academy

\* Opportunities for targeted conversations and learning through Inspiration Stations

\* Legacy Summit sessions to support working with older youth

\* Connections with over 125 Exhibitors sharing the newest resources, products and services to enhance your programs

\* Options to earn college credits and CEU's

\* All-inclusive opportunities to experience guest speakers, authors, special events, and entertainment that will inspire you to create change

\* Healthy meals and plenty of sunshine in beautiful Palm Springs, California Details and Registration here>>

## **Reading Makes Cents Webinar**

April 26, 2012, 12:30pm-2pm EST

The CYFERnet School Age Editorial Board is pleased to invite you to Reading Makes Cents: Using *Children's Literature to Teach Financial Concepts* webinar.For those working with 3<sup>rd</sup> to 5<sup>th</sup> grade youth in afterschool, home schooling, enrichment programs, 4-H and other youth programs Register here>>

### The Three S's of Outdoor Play- Safety, Supervision, and Skill-Appropriate Play Saturday, April 28, 2012, 9:00am-11:00am

### @ First United Methodist Church Preschool, 1020 S. 10<sup>th</sup> Ave., Safford, AZ

Come learn why safety and supervision are so important during outdoor play. We will learn effective ways to supervise the children, hazards to look for on the playground, and some fun activities to do with children outdoors. Plan to have some fun and learn how to enhance your outdoor classroom! Register for free by calling 866- 9TRAIN9 or email projectmetoo@blake.easterseals.com

# Music & Movement Activities for Young Children

### Saturday, April 28, 2012, 8:00am-10:00am

### @ Ft. Mojave Child Care Center, 1599 Plantation Rd. #C, Mohave Valley, AZ

Children love to sing about their world and move to music. This workshop will teach participants how to help children learn and grow through music and movement activities. Register for free by calling 866.987.2469 or email projectmetoo@blake.easterseals.com

# 6<sup>TH</sup> Annual Youth Leadership Day

## Tuesday, May 1, 2012, 9:00 am - 4:00 pm

### @ Grand Canyon University in Phoenix, Arizona

The Arizona Governor's Youth Commission invites youth groups and their leaders from across the state to attend a variety of leadership development workshops and to celebrate their accomplishments of Global Youth Service Day. This year's event will focus on developing youth passion and fostering commitment to meaningful community work. Registration begins on April 2, 2012. For questions, please contact: Carla Friedman at gvc@az.gov

# Afterschool for All Challenge: Transforming Research into Action

## May 8-9, Washington, D.C.

The Afterschool for All Challenge brings together program staff, community leaders, youth, parents, educators, advocates and elected officials from across the country to discuss the hottest topics in afterschool and meet face to face with policy makers about the importance of federal support for the afterschool programs that keep our kids safe, inspire learning and help working families. This year we'll be exploring the evidence base for afterschool-how before-school, afterschool and summer learning programs can and are supporting a wide range of positive outcomes for kids, families and communities. Afterschool experts and professionals working in the field will be on hand to discuss the latest research and describe how programs are already putting it to work for continuous improvement.

Register by March 31 for the early registration rate of \$150 per person.

## M&Ms of School Age Behavior

### Thursday, May 17, 2012, 6:30pm-8:30pm

### @ Young Minds Preschool, 1881 S. 4th Ave., Suite A, Yuma, AZ

School Age staff need to have the ability to foster cooperation and provide guidance. They also must teach effective conflict resolution strategies. It is important to utilize positive guidance techniques to help children to follow the rules and limits necessary for their own and the group's safety and well-being. Register for free by calling 866.987.2469 or email projectmetoo@blake.easterseals.com

### **CPR & First Aid Class**

### Tuesday, May 22, 2012, 8:00am-2:00pm

### @ Child & Family Resources, Inc. 201 S. 3<sup>rd</sup> Ave., Yuma, AZ

You will learn the basics and fundamentals of CPR & First Aid for children and infants. <u>This class is offered free for new D.E.S providers</u>. This class is offered to the public for a fee of \$40. Space is limited. Register: Call 928.783.4003

### Splish, Splash- We're having a Blast

Saturday, June 16, 2012, 8:00am-10:00am

### @ ChildTime, 7090 N. Thornydale Rd., Tucson, AZ

Ever wonder what to do with those older children all day? Come find out how much fun school age programs can be. You will learn new activities, themes, and games for outdoor play. Come and have fun as we explore fun activities to do with school-agers! Register for free by calling 866.987.2469 or email projectmetoo@blake.easterseals.com

### **NIOST Summer Seminars 2012**

July 23-27, 2012, Boston, MA

### Early registration ends April 30<sup>th</sup>!

The National Institute for Out-of-School Time - NIOST -- (<u>www.niost.org</u>) has an exciting lineup for the 2012 Summer Seminars! Energize your leadership skills and network with other youth-serving professionals in the OST industry! Find the training seminar that is right for you... <u>APAS (Afterschool Program Assessment System)</u> for those interested in program self-assessment, <u>OST Systems-Building in a New Age of Education Reform</u> for those involved in city or regional collaboration, <u>Using Data for Program Improvement and Reaching Positive Outcomes</u> for those already performing program self-assessments, <u>HOST - Promoting Healthy Active Out-of-School Time</u> to introduce the new national standards into your program, orDelve deeper into your leadership skills in our new <u>Session 3 - The Courage to Lead: A Retreat for Personal Renewal</u>, a one-day retreat at the beautiful Wellesley College campus.

More information here>>

# **Community Events**

### Community Card: Vote. Give. Grow

During the month of April, you can help Arizona communities by casting your vote each week in support of <u>The Arizona We Want: 5 Communities Project</u>, one of two Arizona-based organizations invited to participate in the Starbucks<sup>®</sup> Vote. Give. Grow. program.

HOW TO PARTICIPATE

- 1. Go to <u>www.starbucks.com/VoteGiveGrow</u>.
- 2. Turn your Starbucks Card into a Community Card by signing in. If you don't have a Starbucks Card, you can get one on the site to participate.
- 3. Vote for The Arizona We Want Institute.
- 4. Share your vote through Facebook and Twitter directly from our page <u>www.votegivegrow.com/region/az#org/102</u>
- 5. Voting is underway and continues through April 30, 2012. Please come back and vote each week through the rest of April. <u>Click here to make a difference>></u>

# **Global Youth Service Day**

### April 20-22, 2012

The Arizona Governor's Youth Commission invites youth groups across the state to join together to conduct service projects in the focus area of education, an area critical to Arizona's future, *to demonstrate the power* and value of the collective impact of Arizona's youth. Please email registration by Wednesday, February 8, 2012 to: Carla Friedman at gyc@az.gov.

## KidStuff Swap

### Saturday, April 21, 2012, 10:00am-2:00pm

@ Coconino County Public Health Services District, Ponderosa Room, 2625 N. King St. Flagstaff, AZ 86004

KidStuff Swap is a FREE event where families can exchange clothes, toys, furniture and other outgrown children's items. It's easy-families drop off what they don't need and/or take what they can use. Most items are for kids ages 0-6. There will be lots of free children's items, activities for kids, and some great information for families. For questions, contact Britta McCarthy 928.679.7277.

# Submit Your Proposal for the HandsOn Greater Phoenix's 19th Annual Serve A Thon

### Saturday April 28, 2012

The 19th Annual HandsOn Greater Phoenix Serve A Thon brings together 1500 corporate, civic and individual volunteers for a day of hands-on community service projects at locations across the Valley. Working in partnership nonprofit organizations, under-resourced neighborhoods and schools, teams of volunteers will clean up neighborhoods, brighten classrooms, paint murals, revitalize homeless and domestic violence shelters, plant gardens and much more! The effort will provide 15,000 hours of service and leave a lasting mark on the community and those in need.

This is the opportunity of a lifetime to leverage resources and volunteers. HandsOn will do a complete site visit with your organization, identify needed supplies and resources for the projects, recruit the volunteers and oversee the project. *Less than 35* projects will be chosen for this event!

<u>Submit your proposal here</u>, email proposals to Todd Byard <u>Todd@handsonphoenix.org</u> or fax to 602-973-9233. Contact HandsOn Greater Phoenix at 602-973-2212 if you have any questions or need any additional information.

## **CreateIT Teen Technology and Media Summer Camps**

Join the Pima County Public Library for an array of great summer camps creating animation, web pages, videos, sound art, posters, logos and more. All Camps are Free and Open to Middle School and High School Students. Dependent on location, all classes take place in June, for a minimum of one week, 3 hours per day.

More information>>

## Future for KIDS Youth Sports & Fitness Camp

### Saturday, June 9th, 2012

8:30am to 1pm (Registration at 8:30am, camp begins promptly at 9am) @ ASU Football Practice Field

(Rural & 6th Street). The camp features fun sport and fitness rotations, photos and autographs with celebrity athletes and team mascots. ASU's New Head Football Coach, Todd Graham, will be the special guest speaker along with NFLathletes. Each participant will receive a free camp shirt, healthy lunch and snacks. Open to youth ages 6 to 13. Visit <u>www.futureforkids.org</u> or Call (480) 947-8131 for more information and to reserve your space.

## **Game Design Workshop**

### July 16 -20 & July 23-27, 9:00am - 3:30 pm

The University of Arizona School of Information: Science, Technology, and Arts is offering a summer workshop on game design for students entering grades 6-12 on the U of A campus. For more information or to register, <u>click here</u>

## Free Summer Health Careers Camp

### July 12-21, 2012

High school students interested in an in-depth look at healthcare careers still have time to apply for Midwestern University's eight-day <u>Health Careers Institute for High School Students</u>. Each day from 9:00 am to 4:00 pm during this exciting hands-on program, Midwestern faculty and advanced students will teach workshops in anatomy, physiology, and introductory skills for various health professions, with a special focus on how to prepare for college and what to expect from each profession. Applications for the annual summer event, which will take place on the Midwestern University Campus in Glendale, must be postmarked by **May 1**. Call 623-572-3353 to request an application, or visit the event page at www.midwestern.edu/azhealthcareersinstitute.

# **Resources, Research & Reports**

# Principles of Effective Expanded Learning Programs: A Vision Built on the Afterschool Approach

Expanded learning opportunities are inclusive of before-school, afterschool, summer learning, and extended day or expanded learning time (ELT) programs. Decades of research documenting the outcomes of afterschool and summer programs reveal a core set of key principles that are essential to yielding the best results. Aligning the spectrum of expanded learning opportuni-ties with these principles will ensure quality and consistency across all programs. This document can be used as a guideline at the local, state and federal levels to guide expanded learning policy.

Read more>>

## How Kids Learn Conference: Now on YouTube

On January 27th, over 180 people from across California and the country met at the David Brower Center in Berkeley to hear from experts on How Kids Learn - the first conference sponsored by the <u>Learning in</u> <u>Afterschool & Summer</u> project. Participants included representatives from school districts, youth organizations, private funders, the State Department of Education, and afterschool advocates. Over 60 people on the waiting list were unable to hear the presenters share their best thinking and recent research in 20 minute presentations to the audience. These presentations are now available for viewing on the <u>How Kids Learn YouTube Channel</u>.

# iCivics on the iPad. Download for Free

iCivics' most popular game, *Do I Have a Right*? is now on the iPad! Millions of you have guarded your clients' rights on the iCivics website, now you can earn your Prestige Points on the go with <u>Pocket Law Firm</u>. You can download iCivics' *Pocket Law Firm* iPad app FREE on the iTunes store. It won't stay free forever, though, so download it now and start vindicating rights while learning the Bill of Rights.

Download Pocket Law Firm>>

# **Measure Youth Outcomes at Camp**

How do you show stakeholders and parents that your program boosts skills like independence, responsibility and teamwork? With summer camp season approaching, the American Camp Association (ACA) reminds programs about its <u>Youth Outcomes Battery</u>, which measures such outcomes as affinity for nature, friendship skills and problem-solving. The ACA also helps to improve the quality of summer camp staff. The Forum's David P. Weikart Center for Youth Program Quality worked with the association to develop a special Camp Program Quality Assessment, which provides "a robust assessment process that can be used under a range of conditions and for a range of purposes."

Find out more in this short description.

Read more about the Forum for Youth Investment>>

# New MetLife Foundation-Sponsored 'Afterschool In Action' Compendium Released

The new MetLife Foundation/Afterschool Alliance Compendium is here! This week, with support from MetLife Foundation, the Afterschool Alliance released its fourth issue brief compendium entitled "Afterschool in Action: How Innovative Afterschool Programs Address Critical Issues Facing Middle School Youth" at the NAA Conference just outside of Dallas, TX. The compendium includes a compilation of four issue briefs that examine the vital role afterschool programs play in addressing important issues for middle schoolers, and this year we've added some new exciting graphics to the compendium and a more in-depth look at 2011 award-winning programs.

Read more>>



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